

COMPONENTS OF A D-GROUP

FELLOWSHIP



5-10 MINUTES: Spend the first 5-10 minutes catching up with your D-Group

BIBLE READING & H.E.A.R. JOURNALS



20-30 MINUTES: Talk through what God has been teaching you this week.

For details see the resource H.E.A.R. JOURNAL BASICS. In this resource you'll get more information on the H.E.A.R. Journal method of breaking down your time in the Word into these four steps: Highlight / Explain / Apply / Respond.

RELATIONAL ACCOUNTABILITY



20-30 MINUTES: Choose from the list of accountability questions and let each person be vulnerable and share how they have been struggling. Support and pray for each other.

PRAYER



10-15 MINUTES: Spend time as a group praying for each other. Use the effective prayer strategy resource to enhance and strengthen your prayer time together.

For details see the resource EFFECTIVE PRAYER STRATEGY. In this resource you'll get more information on these strategies: Talk to God, not the people in the room / Pray short prayers / Pray one topic at a time / Agree in your heart with others who are praying out loud.

SCRIPTURE MEMORY



Last 5 MINUTES: Have each person recite their memory verse for the week.